

Montana Highway Patrol Alive @ 25



Sgt. Patrick McLaughlin

Montana Alive @25 Coordinator

Why we teach the class

- Every year, young adult drivers are involved in more than six million collisions, resulting in 14,000 fatalities. To save lives and equip teens to drive more defensively, the National Safety Council has revised and updated its Alive at 25 defensive driving program.

Alive at 25, Fourth Edition

- addresses the number one cause of death for drivers ages 15 to 24 — motor vehicle crashes — and has been adopted by many states and courts for graduated licensing and traffic violator programs. The fourth edition of Alive at 25 encourages young drivers to take responsibility for their driving behavior. Alive at 25 is a highly-effective four-hour course that serves as an excellent complement to standard driver education programs — and is also ideal for young drivers who incur traffic violations. Through interactive media segments, workbook exercises, class discussions and role playing, young drivers develop convictions and strategies that will keep them safe on the road.

What's New?

- The Course has a new branded look and feel that follows National Safety Council guidelines for the defensive driving courses.
- The course has new video integrated with presentation slides packaged in an up-to-date, user-friendly multimedia product.
- The program is capable of being cell-phone interactive during the program with new in class polls. The instructor can review the poll results live in class.

Course Objectives

- Recognize that people aged 15-24 are more likely than anyone else to be injured or killed in a vehicle crash.
- Recognize that every behavior is a choice.
- Describe the consequences of making poor judgements or taking unnecessary risks in a vehicle.
- Identify behaviors that can be controlled.
- Identify the risks associated with specific driving choices and behaviors.

Course objectives continued

- Identify possible outcomes of choosing unsafe driving behaviors.
- Choose safe, responsible and respectful driving behaviors
- Identify actions to take to handle different driving situations, both as a driver and a passenger.

List of Sessions

- Session 1: What's Stopping Me?
- Session 2: Am I Aware?
- Session 3: What's the Risks?
- Session 4: Who Controls My Outcome?
- Session 5: Know My Limits (Optional).

Session One: What's Stopping Me?

- Students start by taking a look at what they like most about driving and what they do when driving that makes their passengers uncomfortable.
- They look at who is at risk when driving, as well as evaluate what is important to them in their lives.
- Driving choices are looked at and it is discussed why young drivers make these choices.

How do I get classes in my area?

- Contact Sgt. Patrick McLaughlin-Agency Coordinator
- Or
- <https://dojmt.gov/highwaypatrol/alive-at-25/>